

Head Coach, Junior Development Program

St. Catharines Rowing Club

Seasonal part-time position. Start date: June 1, 2022. End date: July 29, 2022.

Position Summary

The *new* Junior Development (JD) program at St. Catharines Rowing Club focuses on fun, fitness, and skills in rowing for athletes aged 11 - 17 who have some prior rowing experience. The JD program focuses on building the fundamental skills so athletes can row comfortably in different conditions and with different crew members. The program is intended to act as a launchpad for athletes who want to join the club competitive program, as well as be a place for athletes who love the sport of rowing but want to participate in other sports and activities as well. The program runs Monday through Friday from 4:00-6:00pm in month-long sessions (June and July), with athletes participating in a 2x/week or 3x/week option.

The primary objective of the Junior Development Program Head Coach is to ensure effective delivery of the JD program, so that participants progress in their rowing ability in a safe, fun, and sporting atmosphere.

The Junior Development Head Coach is a seasonal part-time position that works with the Youth Rowing Director to plan the Junior Development Program and oversee its day-to-day operations. The JD Head Coach reports to the VP of Rowing.

Responsibilities

Pre-season Planning

- Plan Junior Development program and set up program site, establish program needs
- Organize and lead staff training
- Communicate with participants and their guardians
- Market and promote program activities (e.g, Try-it Days, social media)

In-Season Program delivery

- Oversee and coordinate the activities of Junior Development coaches to ensure that coaches provide excellent rowing instruction and coaching to all JD athletes.
- Plan and implement program activities (both on land and on water) that are developmentally appropriate for athletes between the ages of 11-17 who have different rowing abilities and potential.
- Ensure all safety policies and procedures are being adhered to.
- Actively create a welcoming and fun environment for all participants and coaches.
- Maintain positive and productive communication with participants and their guardians regarding program activities and the participant's development.

Qualifications

The successful candidate will possess the following competencies:

- Certified RCA Coach or working towards it as per RCA [Every Coach Certified](#) policy and demonstrated comprehensive knowledge of rowing and the Long Term Athlete Development (LTAD) model
- Positive leadership skills and ability to take control of a situation
- Great self-motivation
- Facility with social media
- Ability to assess situations and make evidence-based decisions
- Excellent administration skills with attention to detail
- Superior communication and computer skills (MS Office and Google Suite)
- Patience and listening skills for dealing with children and adults
- Pleasure Craft Operators Card ([BoatSmart](#)) and [Ports Toronto Powered Vessel Operator's Permit](#) or willingness to obtain this qualification
- Standard First Aid and CPR A or willingness to obtain this qualification
- Completed Criminal Records check (Vulnerable Sector Screening)
- Post-secondary training in kinesiology, adult education, recreation, sport management/administration or other relevant field

Hours of Work and Compensation

This is a seasonal part-time position that starts on June 1 and ends on July 29, 2022.

Hours of work are Monday through Friday, 4:00 - 6:00 pm.

Compensation is with experience, up to \$20 per hour.

Working Conditions and Physical Requirements

Working conditions are primarily outdoors including in sun, wind, and rain. This position requires heavy lifting of equipment (motors, boats, oars, etc) and the physical ability to assist rowers in emergencies on the water. Swimming ability is required. There is a large physical component to this position, as physical work is required for program set-up and delivery and facility and equipment upkeep.

How to Apply

For more information or to submit an application, please contact youthrowingschool@gmail.com.

Applicants are asked to submit a cover letter and resume that identifies relevant rowing, coaching, camp, or work experience and includes copies of relevant certifications.

Application due date: MAY 9, 2022