

# Head Coach, Junior Development Program

St. Catharines Rowing Club

Seasonal part-time position. Start date: June 10, 2024. End date: July 26, 2024.

## **Position Summary**

The Junior Development (JD) program at St. Catharines Rowing Club focuses on fun, fitness, and skills in rowing for athletes aged 12 - 16 who have some prior rowing experience. The JD program focuses on building the fundamental skills so athletes can row comfortably in different conditions and with different crew members. The program is intended to act as a launchpad for athletes who want to join the club competitive program, as well as be a place for athletes who love the sport of rowing but want to participate in other sports and activities as well. The program runs Monday through Friday from 4:00-6:00 pm in three or four-week long sessions (June, July, August), with athletes participating in a 2x/week or 3x/week option.

The primary objective of the Junior Development Program Head Coach is to ensure effective delivery of the JD program, so that participants progress in their rowing ability in a safe, fun, and sporting atmosphere. The JD Head Coach reports to the Youth Rowing Camp Coordinator.

## **Responsibilities**

### **Pre-season Planning**

- Plan Junior Development program and set up program site, establish program needs
- Organize and lead staff training
- Communicate with participants and their guardians
- Market and promote program activities (e.g, Try-it Days, social media)

### **In-Season Program delivery**

- Oversee and coordinate the activities of Junior Development coaches to ensure that coaches provide excellent rowing instruction and coaching to all JD athletes.
- Plan and implement program activities (both on land and on water) that are developmentally appropriate for athletes between the ages of 12-16 who have different rowing abilities and potential.
- Ensure all safety policies and procedures are being adhered to.
- Actively create a welcoming and fun environment for all participants and coaches.
- Maintain positive and productive communication with participants and their guardians regarding program activities and the participant's development.

## **Qualifications**

The successful candidate will possess the following competencies:

- Compliance with [Every Coach Certified](#) policy. Must have completed (1) NCCP Coach Initiation in Sport, (2) RCA Rowing Essentials, and (3) Making Ethical Decisions prior to June 3, 2024. Costs to achieve compliance will be subsidized by SCRC.
- Demonstrated comprehensive knowledge of rowing.
- Positive leadership skills and ability to take control of a situation.

- Great self-motivation.
- Facility with social media.
- Ability to assess situations and make evidence-based decisions.
- Excellent administration skills with attention to detail.
- Patience and listening skills for dealing with children and adults.
- Pleasure Craft Operators Card ([BoatSmart](#)).
- Standard First Aid and CPR A - by June 3, 2024
- Completed Criminal Records check (Vulnerable Sector Screening) - must be current.
- Preference to applicants with post-secondary training in kinesiology, child studies, recreation, sport management, or other relevant field.
- Preference given to SCRC current athletes. Must be in good standing with the Club.

### **Hours of Work and Compensation**

This is a seasonal part-time position that starts on June 10, 2024 and ends on July 26, 2024. In addition, five hours of paid planning time is required prior to June 10 (flexible).

Hours of work are Monday through Friday, 3:30 - 6:00 pm.

Compensation: \$20 / hour.

### **Working Conditions and Physical Requirements**

Working conditions are primarily outdoors including in sun, wind, and rain. This position requires heavy lifting of equipment (motors, boats, oars, etc) and the physical ability to assist rowers in emergencies on the water. Swimming ability is required. There is a large physical component to this position, as physical work is required for program set-up and delivery and facility and equipment upkeep.

### **How to Apply**

For more information or to submit an application, please contact [youthrowingschool@gmail.com](mailto:youthrowingschool@gmail.com).

Applicants are asked to submit a cover letter and resume that identifies relevant rowing, coaching, camp, or work experience and includes copies of relevant certifications.

**Application due date: MARCH 10, 2024**