

Coach, Junior Development Program

St. Catharines Rowing Club

Seasonal part-time position. Start date: June 9, 2025. End date: July 31, 2025.

Position Summary

The Junior Development (JD) program at St. Catharines Rowing Club focuses on fun, fitness, and skills in rowing for athletes aged 12 - 16 who have some prior rowing experience. The JD program focuses on building the fundamental skills so athletes can row comfortably in different conditions and with different crew members. The program is intended as a launchpad for athletes who want to join the club competitive program, as well as a place for athletes who love the sport of rowing but want to participate in other sports and activities. The program runs Monday through Friday from 4:00-6:00 pm in month-long sessions (June and July), with athletes participating in a 2x/week or 3x/week option.

The primary objective of the Junior Development Program Coach is to work as a member of a coaching team to ensure effective delivery of the JD program, so that participants progress in their rowing ability in a safe, fun, and sporting atmosphere. JD Coaches report to the JD Head Coach.

Responsibilities

Pre-season Planning

- Plan YRC program and set up program site, establish program needs
- Participate in staff training

In-Season Program delivery

- Work as a member of a team to provide excellent rowing instruction and coaching to all YRC participants in a fun and supportive environment.
- Plan and implement program activities (both on land and on water) that are developmentally appropriate for athletes between the ages of 12 - 16 who have different rowing abilities and potential.
- Adhere to all safety policies and procedures.
- Actively create a welcoming and fun environment for all YRC participants and coaches.

Qualifications

The successful candidate will possess the following competencies:

- Compliance with [Every Coach Certified](#) policy. Must have completed (1) NCCP Coach Initiation in Sport, (2) RCA Rowing Essentials, and (3) Making Ethical Decisions prior to June 3, 2025. Costs to achieve compliance will be subsidized by SCRC.
- Demonstrated comprehensive knowledge of rowing.
- Positive leadership skills and ability to take control of a situation.
- Excellent awareness of safety.
- Ability to assess situations and make sound and reasonable decisions.
- Patience and listening skills for working with children.
- Pleasure Craft Operators Card ([BoatSmart](#)) by June 3, 2025.
- Standard First Aid and CPR A considered an asset.
- Completed Criminal Records check (Vulnerable Sector Screening) - must be current.

- Preference to applicants with post-secondary training (completed or in progress) in kinesiology, child studies, recreation, sport management or other relevant field.
- Preference given to SCRC current athletes. Must be in good standing with the Club.

Hours of Work and Compensation

This is a seasonal part-time position that starts on June 9, 2025 and ends on July 31, 2025.

Hours of work are Monday through Friday, 3:30 - 6:00 pm.

Compensation: \$18.00 / hour.

Working Conditions and Physical Requirements

Working conditions are primarily outdoors including in sun, wind, and rain. This position requires heavy lifting of equipment (motors, boats, oars, etc) and the physical ability to assist rowers in emergencies on the water. Swimming ability is required. There is a large physical component to this position, as physical work is required for program set-up and delivery and facility and equipment upkeep.

How to Apply

For more information or to submit an application, please contact youthrowingschool@gmail.com.

Applicants are asked to submit a cover letter and resume that identifies relevant rowing, coaching, camp, or work experience and includes copies of relevant certifications.

Application due date: MARCH 1, 2025