

St. Catharines Rowing Club

2019 Mother's Day High School Regatta Package

Sunday May 12, 2019

Issue date – Apr 14, 2019

Contact information

Regatta Chairman – Al Shynal al.shynal@gmail.com

Regatta entries – Regatta central www.regattacentral.com

Dates

Entry deadline – May 5, 11:59pm

Late entry deadline – May 7, 11:59pm (a \$25 fee per entry will apply)

Boating lineups – May 7, 11:59pm

Coaches meeting – May 12, 7:00am, Clerks booth

First race – May 12, 8:00am

Athlete identification is not required to gain entry to the launch dock, (see Entries #2 below for exception)

Payment – must be done with your entry via Regatta Central. Rowing Canada / Row Ontario seat fees are applicable.

Entry fees

8+ = \$75

4+ / 4X = \$60

2- / 2X = \$50

1X = \$40

Note:

13% HST will be applied to fee total

Each school will be assessed a \$50 administrative fee with the second entry.

Listing of events (consistent with CSSRA schedule)

1. Junior Women 59kg Quad
2. Junior Men Four with Cox
3. Senior Women 63kg Double
4. Senior Men 72 kg Eight
5. Junior Women Four with Cox
6. Senior Men Quad
7. Junior Women Single
8. Senior Women 63kg Eight
9. Senior Men 72kg Double
10. Senior Women Quad
11. Junior Men 72kg Four with Cox
12. Senior Men Pair

13. Senior Men Single
14. Junior Women Quad
15. Junior Men Double
16. Senior Women Four with Cox
17. Junior Women 63kg Eight
18. Senior Women 63kg Single
19. Junior Men 66kg Quad
20. Junior Women Double
21. Senior Men Four with Cox
22. Senior Women Single
23. Senior Women Pair
24. Junior Men Eight
25. Senior Men Double
26. Junior Men Quad
27. Senior Women 63 kg four with Cox
28. Junior Women Eight
29. Senior Men 72kg Single
30. Senior Men 72kg Four with Cox
31. Senior Women 59kg Quad
32. Senior Women Double
33. Junior Men 72kg Eight
34. Junior Men Single
35. Junior Women 63kg Four with Cox
36. Senior Men 66kg Quad
37. Senior Women Eight
38. Senior Men Eight

1. No limit on the number of events an athlete can enter. Please note, we do not have the ability to alter the schedule due to race conflicts.

2. Weigh-in will be open from 6:30am – 8:30am

Weight allowance; for 59kg events, max allowed = 61 kg for 63kg events, max allowed = 65kg
 for 66kg events, max allowed = 68kg for 72kg events, max allowed = 74kg

Coxswains – no weigh in

3. Competitors must be named to a boat; all boats must have full crews.

4. Age categories

Seniors: Under 19 years of age January 1, year of the competition

Juniors: Under 16 years of age January 1, year of the competition

5. Two or more entries required in an event for a race to be run.

6. A student is considered a High School student, for entry into this regatta, once they have enrolled as a full-time student.

7. All members of competing crews excluding coxswains must be of the same sex and all must wear the school racing uniform.

8. Each school shall be responsible for provision of its equipment as well as conduct & physical fitness of all its competitors.

9. No composite crews allowed in any event. All members of crew must be registered at the same school.

10. Substitutes will only be accepted from your Regatta Central roster. The maximum number of substitutes that can be used are: 4 for an eight; 2 for a four/quad and 1 for a double. No substitutes are allowed in a single.

11. In the event of races being cancelled due to reasons beyond our control, medals will be presented to the fastest times coming from the completed heats.

12. All fees are payable in Canadian dollars.

13. Progression rule – will be from heats to a 6-lane final, heat winners, and if necessary the next fastest times to make up 6 entries.

Entries:

The following points should be noted when preparing crew lists for entry:

1. Eligibility: "Semester" type schools, students must be enrolled and in regular attendance in three (3) credit courses. In "non-semester" schools, students must be enrolled and in courses for a minimum of six (6) credits.

2. Only if required by Regatta officials, a competitor must be able to produce photo ID that shows their name and D.O.B. at the Control Commission before launching.

3. All crews entered in the Regatta draw will be assessed a \$50 fee for a "no show" or "scratch". Failure to pay will result in suspension of the entire school for future regattas.

4. No shell will be allowed on the water unless a bow ball is in place, a bow number clip is attached, and if the shell is equipped with shoes, the shoes conform to the revised RCA rule of racing 3.5.

5. Medical: The Chief Medical Officer, or his/her staff, will have the authority to refuse any athlete the usage of the course, if in their opinion the athlete is unfit to row.

6. Unsportsmanlike Conduct which includes but is not limited to foul, abusive or profane language WILL NOT be permitted at the Regatta Site before, during, or after any racing by Competitors or Team Officials, and such Conduct may result in immediate disqualification from the Race or future Races at the discretion of the Regatta Chairman.

Practice times and procedure

The course will be closed to competing schools prior to the Regatta.

Docking Procedures

To be more efficient in assuring our timetables are met without inconvenience and distress to the athletes and coaches, the following protocol will be followed to make the use of the docks safer and more efficient:

1. All schools hot seating are to report this to the Control Commission and the Dock-Master so they can direct the incoming boat(s) to the section of the dock reserved for outgoing crews, and make sure these boats are docked on the outside. Schools hot seating will not be issued a bow number until reporting to the Control Commission 30 minutes before race time.
2. Only competitors, coaches and their assistants will be allowed on the dock (exceptions allowed at the discretion of the Dock Master).
3. All crews will be required to bring oars with them when launching and people to retrieve oars when docking after racing.
4. Any verbal abuse of Regatta Officials and Volunteers will result in disciplinary action as outlined above.

Rules of Racing

The Rowing Canada Aviron Rules of Racing will apply at the Mother's Day Regatta. Exceptions to the RCA rules as allowed under RCA rule 1.6 are summarized as follows:

Exceptions to the RCA Rules of Racing Rule

Rule 2.1 Definition of a competitor - all rowers and coxswains must be attending the same school.

Rule 2.3 Age Categories of Rowers - differ from the RCA Rules and are stated in the Entry Rules section above. Only if required by Regatta officials, a competitor must be able to produce photo ID that shows their name and D.O.B. at the Control Commission before launching.

Rule 2.5 Coxswains weights – not required as there are no weigh-ins for coxswains

Rule 2.6 Weighing of Coxswains – there will be no weigh in for coxswains

Rule 2.10 Lightweight – there will be a +2kg allowance

Rule 4.1 - there will be no 250m markings on the course

Rule 7.2 Entries - the draw will be available on May 8

Rule 7.6 & 7.7 Substitutions - no substitutions for the single will be allowed for this regatta

Rule 10.19 Appeals - appeals will be heard by the Board of the Jury. Their decision is final.