



2024 St. Catharines Rowing Club AGM – Club Captain report for 2023 calendar year

Greetings to our Board Directors, Coaches, Athletes, supporters and guests. The Club had a very good year on the water in 2023.

SCRC saw some very nice additions to our shell fleet, including a very generous donation from Arty Trojan and the 'Spirit of Westpark 73' Hudson USP 4x/4+. With thanks to the Ontario Trillium Foundation, we also had a second new 4x/4+, two new pair/doubles, and five new singles. These shells were well used during our summer and fall seasons and will continue to help the development and success of our athletes. Congratulations to our Board of Directors, especially our VP Fundraising Louise Hastings on this great accomplishment!

This past 2023 season saw growth in High School rowing athlete numbers reaching 224 total athletes in 2023, 42 more athletes than the previous year. We also saw strong showings at High School Regattas from our local High School programs:

- 7 Medals won at the Stotesbury Cup Regatta
- 15 Medal winning crews at the CSSRA Regatta

Congratulations to Sir Winston Churchill, Denis Morris, Holy Cross, West Niagara, Governor Simcoe, St. Francis, Eden, and Blessed Trinity on a great season, and all the best to your programs this upcoming season. I'd like to sincerely thank all our High School and Club coaches for an outstanding job in training and developing our athletes.

Our Summer programs also had a fantastic season. All of our programs saw growth in numbers, with success at each regatta in which we participated:

- 30 Medalists at the Row Ontario Championships
- 11 Royal Canadian Henley golds

A special congratulations to Tom Kent and Jacob Thomas for their efforts coaching athletes who combined for 10 Canadian Henley wins this year; and the Masters Women's eight who also won gold at Henley.

Thank you to all of our summer coaches for all of your efforts!

Paul Bartel, Andrew Carr, Mike DiBenedetto, Emma Dockray, Christiina Donley, Brian Fisher, Michele Fisher, Liz Harold, Madeline Hingston, Liz Ianizzi, Olivia Jose, Tom Kent, Janet Lancaster, Carl McCulloch, Alexandria Meade, Richard Moreau, Pat Morris, Brian Moukperian, Owen Powell, Lindsay Sferrazza, Jacob Thomas, Jacob Tyrer, Austin White, Dave Wright, Hunter Young.

For our Fall season, all of our Youth and Masters races retained their spots for the 2024 Head of the Charles, and many medals were won at the Head of the Schuylkil Regatta. Twenty of our Junior Fall athletes have been continuing their training on land and on the water weather permitting. To all of our fall coaches, thank you!

Aaron Thompson, Club Captain