

**ST. CATHARINES ROWING CLUB**  
**COVID-19 Code of Conduct**

Everyone who comes to the Club must first read this document and be ready and equipped to fully abide by its provisions. This is strictly for the current phase of reopening and may evolve as the COVID-19 restrictions evolve.

As a member of SCRC, I agree to the following to help ensure the health and safety of everyone associated with the Club.

- In this first phase of opening, I will **only come to the Club in the time slots allocated.**
- **I will not, under any circumstances, come to the Club if I have any symptoms of COVID-19 or if anyone I am living with has such symptoms.** Please download and complete daily <https://www.thrive.health/canada-covid19-app>
- If you have a condition whereby you are immunosuppressed, are in the vulnerable age group or have a chronic illness, you should consult your physician or public health resources to help you decide if you should come to the Club.
- When at the Club, I agree to abide by all government mandated physical distancing measures such as maintaining 2m from others and not congregating in groups. I recognize that physical distancing is the greatest tool to keep everyone safe.
- I agree to sanitation measures of bringing the "Rower Safety Kit" - A bucket, ziplock bag, towel, washcloth, soap, hand sanitizer, gloves, and mask for use when cleaning equipment.
- To protect others, I will carry a face mask with me and if risk of a situation of becoming near someone occurs, I will ensure my face mask is worn over mouth and nose.
- I will recognize and respect the closure of areas of the boat house and traffic flow throughout the property and will abide by these restrictions.
- I will watch for and follow signage and other directives as the situation evolves from the Club staff and Directors and stay current with the situation and directives and abide by all the COVID-19 safety protocols in addition to the ongoing club policies and expectations.

**Commitment**

These are not normal circumstances. All members are asked to be flexible and polite and to compromise when necessary.

I agree to comply with these directives. I agree SCRC reserves the right to reprimand anyone for not following these directives, insist that they be followed and, at the sole discretion of any Director, ask the individual(s) to leave the property.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_